

VERSES OF HOPE FOR DARK DAYS

DARKNESS IS DISORIENTING

Darkness is disorienting. We grow fearful of what we cannot see. We feel unsettled and unsafe, unable to find our way out. Hurt and hopelessness obstruct the light, but God can eradicate darkness. Helping others is God's invitation to step forward into His light.

God's Word carries His promises. Even if you feel nothing, keep reading these verses. As they make their way from your head to your heart, the darkness will begin to lift. Hope and light cannot be extinguished, for Jesus is the light of the world (John 8:12) and the hope of all mankind.

VERSES OF HOPE

You, LORD, are my lamp; the LORD turns my darkness into light. (2 Samuel 22:29)

You will not have to fight this battle. Take up your positions; stand firm and see the deliverance the LORD will give you, Judah and Jerusalem. Do not be afraid; do not be discouraged. Go out to face them tomorrow, and the LORD will be with you. (2 Chronicles 20:17)

You have given me life and constant love, and your care has kept me alive. (Job 10:12)

Tonight I will sleep securely on a bed of peace because I trust You, You alone, O Eternal One, will keep me safe. (Psalm 4:8)

Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long. (Psalm 25:5)

For you are my hiding place; you protect me from trouble. You surround me with songs of victory. The LORD says, "I will guide you along the best pathway for your life. I will advise you and watch over you." (Psalm 32:7-9)

The Lord is close to those whose hearts are breaking; he rescues those who are humbly sorry for their sins. The good man does not escape all troubles—he has them too. But the Lord helps him in each and every one. (Psalm 34:18-20)

Sustain me, my God, according to your promise, and I will live... (Psalm 119:116)

He heals the brokenhearted and binds up their wounds. (Psalm 147:3)

Show me your ways, LORD, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long. (Psalm 25:4-5)

Why am I so sad? Why am I so upset? I should put my hope in God and keep praising him, my Savior and my God. (Psalm 42:5,6)

Give all your cares to the Lord and He will give you strength. (Psalm 55:22)

My soul, rest quietly in God alone, for my hope comes from him. (Psalm 62:5)

As for me, I will always have hope; I will praise you more and more. (Psalm 71:14)

I have put my hope in your word. (Psalm 119:74)

Indeed, there is a future, and your hope will never be cut off. (Proverbs 23:18)

You, Lord, give true peace. You give peace to those who depend on you. You give peace to those who trust you. (Isaiah 26:3)

Those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. (Isaiah 40:31)

I will not leave you comfortless; I will come to you. (John 14:18)

Peace I leave with you; My [perfect] peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be afraid. [Let My perfect peace calm you in every circumstance and give you courage and strength for every challenge.] (John 14:27)

For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope. (Romans 15:4)

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. (Romans 15:13)

My prayer is that light will flood your hearts and you will understand the hope given to you when God chose you. Then you will discover the glorious blessings that will be yours together with all God's people. (Ephesians 1:18)

If you have any kind of trouble in your mind, give it to God. God has promised to take care of you. (1 Peter 5:7)

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6-7)