PRAYERS FOR CAREGIVERS

"Caregiving is a constant learning experience."
(Vivian Frazier)

Lord, thank you for the honor of being Your hands and feet as I care for my loved one. Help me to be a conduit of Your extravagant love. Slow me down and remind me to breathe when I feel rushed or exhausted or overwhelmed. I need You, Lord. I am so grateful that I do not have do this work alone. Thank you for being with me every step of the way. Amen.

Lord, help me to be flexible when things don't go as planned. Teach me to discover the unexpected humor in challenging situations – the unlikely gift of shared laughter in the moments that can be vulnerable or humbling or hard. Most of all, Lord, I pray my loved one will feel *Your love,* abounding, unending, and unconditional - even in this hard place. In Jesus' name, amen.

Change my heart, Lord. Teach me to care with gentle compassion and kindness when my loved one is difficult or unkind. Remove the negative thoughts and feelings from me. Remind me that *this* is Your purpose for my life right now and that I am not alone. You are right here with me. I want to honor You in this call, Lord. Help me to do that with authenticity and grace. Amen.

Lord, thank you for the ministry of caregiving. Only You know the path marked out for me. Show me how to care generously for my loved one, to care from a place of abundance. Teach me to listen well, to love deeply, and to seek You when my spirit feels dusty and dry, and my body is fatigued. This calling isn't easy, but because it is from Your Hands, I know that it is good. Teach me to care courageously, Lord. Amen.

"The profession in the Bible most highly esteemed and most closely aligned with ministry is that of shepherd ... the work of a shepherd is all about caregiving ... "
(Rev. Michael John)

CALLED TO CARE - A PRAYER

(Cindee Snider Re)

Lord, thank You for trusting me with the precious role of caregiving. Remind me often that I am doing the work to which You have called me. Clothe me with compassion, kindness, and humility.

Slow me down and remind me to breathe when I feel rushed or overwhelmed. Settle my soul when I face circumstances for which I'm unprepared or inexperienced, and help me to be flexible when things don't go as planned.

In moments of frustration, help me to be patient and slow to anger. Comfort me as I mourn what I have lost, and teach me to listen well in this unexpected calling.

Remind me to celebrate the laughter, joy, and love that grow as bountifully in the valleys of caregiving as on the mountaintops.

Teach me to see my loved one with fresh eyes. Grant me moments of rest and refreshment when weariness or loneliness overtake me.

Remind me to pause and invite my loved one into gentle conversations where there's time to share their story, grieve their losses, and be reminded of their precious worth in Your eyes.

Use my hands to comfort, Lord, my voice to reassure, my tone to calm, my heart to love, and my life to serve. Thank You that You are with me every step of the way. In Jesus' name, amen.

And my God will meet all your needs
according to the riches of his glory in Christ Jesus.
(Philippians 4:19)